

All Nations Hope AIDS Network would like to thank the individuals and organizations that were helpful in providing the updated information for this valued resource.

The resources listed in the guide are primarily for Saskatchewan. Should you have any new resources that are not included please call toll free 1-877-210-7622.

This guide will be available on our website and will be updated periodically.
www.allnationshope.ca

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Methadone Maintenance Programs in Saskatchewan

Regina

- Regina Qu'Appelle Health Region Harm Reduction Program
1048 Albert Street Regina, SK S4R 2P8
(306) 766-6350/fax (306) 766-7327
- Parliament Methadone Clinic
2635 Dewdney Avenue, Regina, SK S4T 0X4
(306) 546-5711/fax (306) 546-2414

Prince Albert

- Prince Albert Co-operative Health Centre
110 - 8th Street East. Prince Albert, SK S6V 0V7
(306) 763-6464/fax (306) 763-2101

Saskatoon

- Saskatoon - The Methadone Assisted Recovery Program
345 4th avenue south , Saskatoon, SK S7K 5F5
(306) 655-0480/fax (306)655-0459
- College Park Medical Clinic
310 - 2600 - 8th Street East, Saskatoon, SK S7H 0V7
(306) 955-2600/fax (306) 373-1247

Moose Jaw

- 77 Ross Street West, Moose Jaw, SK S6H 2M2
(306) 692-0200/fax (306) 693-3677 (referral made by doctor only)

Prescribing Doctors in Saskatchewan

Saskatoon

1. Dr. B. Fern
310 - 2600 8th Street East
Saskatoon, SK S7H 0V7
PH #: (306) 955-2600
2. Dr. P. Butt
345 4th avenue south
Saskatoon, SK S7K 5M5
PH #: (306) 655-8999
3. Dr. G. Mc Allister
Room 1504 - 701 Queen Street
Saskatoon, SK S7K 0M7
PH #: (306) 655-8745

Regina

1. Dr. Paul Harris
1048 Albert Street
Regina, SK S4R 2P8
PH #: (306) 766-7333
2. Dr. Qureshi Ahmed
2637 Dewdney Avenue
Regina, SK S4T 0X4
PH #: (306) 546-5711

Prince Albert

1. Dr. D.Crawford
110 - 8th Street East
Prince Albert, SK S6V 0V7
PH # (306) 763-6464
2. Dr. L. Lanoie
110 - 8th Street East
Prince Albert, SK S6V 0V7
PH # (306) 763-6464
3. Dr. G. Obrigavitch
110 - 8th Street East
Prince Albert, SK S6V 0V7
PH # (306) 763-6464
4. Dr. Mwana
110- 8th Street East
Prince Albert, SK S6V 0V7
PH# (306) 763-6464

Methadone in Surrounding Areas

1. Dr. P. Saunders
Box 158
Fort Qu'Appelle, SK S0G 1S0
PH #: (306) 332-4533
2. Dr. H. M. Moolla
112 22nd Street
Battleford, SK S0M 0E0
PH #: (306)937-7705

EXISTING SERVICES IN SASKATCHEWN **THAT SUPPORT HARM REDUCTION**

AIDS Programs South Sask.

2735 5th Avenue
Regina, SK S4T0L2
1-877-210-7623/fax (306) 525-0904
Website: www.aidsresourcesask.ca

AIDS Saskatoon

1143 Avenue F North
Saskatoon, SK S7L 1X1
1-800-667-6876/fax (306) 665-9976
Website: www.aids Saskatoon.ca

All Nations Hope AIDS Network

2735 5th Avenue
Regina, SK S4T0L2
1-877-210-7622/fax (306) 525-3698
Website: www.allnationshope.ca

Battlefords Friendship Centre

960-103rd Street
North Battleford, SK S9A 1K2
(306) 445-8216/fax (306) 445-6863
Website: www.afcs.com

The Avenue Community Centre

203-220 3rd Avenue South
Saskatoon, SK S7K 1M1
1-800-358-1833/fax (306) 665-1280
Website: www.avenuecommunitycentre.ca

Harmony House

568 Stadacona Street West
Moose Jaw, SK S4R 1Z9
(306) 692-1983/fax(306) 694-8031

PLWA Network

501 B – 20th St. W
Saskatoon, SK
1-800-226-0944/fax (306) 374-7746
Email: plwa@sasktel.net

P.A. Indian & Metis Friendship Centre

94 – 15th Street East
Prince Albert, SK S6V 1E8
(306) 764-3431/fax (306) 763-3205
Website: www.afcs.com

Planned Parenthood Regina

1431 Victoria Avenue
Regina, SK S4P 0P4
(306) 522-0902/fax (306) 522-8860
Website: www.regina.ppfc.info

Saskatoon Indian & Metis Friendship Centre

168 Wall Street
Saskatoon, SK S7K 1N4
(306) 244-0174/fax (306) 664-2536
Website: www.afcs.com

Street Culture Kidz

3612 Albert Street (mailing address)
Regina, SK S4S 3P6
(306) 565-6206/fax (306)525-5508 Attention: Street Culture
Email: streetculture@sasktel.net

Needle Exchange Programs in Saskatchewan

Regina

Red Ribbon Place

AIDS Programs South Saskatchewan Inc.

2735 5th Avenue

Toll free: 1-877-210-7623/fax (306) 525-0904

Monday - Friday 9:00 a.m. - 5:00 p.m.

Services available include:

- ☛ Needle distribution, & collection
- ☛ Sharps containers' distribution & collection
- ☛ Alcohol swab distribution
- ☛ Condom distribution
- ☛ Client education (train the trainers workshops)
- ☛ Client advocacy and support
- ☛ Public education
- ☛ Referrals to appropriate agencies
- ☛ Ribbons of Hope Life Skills

Carmichael Outreach

1925 Osler Street

PH# (306) 757-2235/fax (306) 757-2205

Carmichael first opened their doors in 1988 to provide food and clothing to low income people.

Since then in 1992 needle exchange services were incorporated.

Services available include:

- ☛ Needle distribution & collection
- ☛ Sharps containers' distribution & collection
- ☛ Condom distribution
- ☛ Alcohol swab distribution
- ☛ Client advocacy
- ☛ Food & Clothing
- ☛ Referrals to appropriate agencies

“When we start looking at why Aboriginal people are becoming infected with HIV and not how the magnitude of HIV becomes evident.”- Someone living with HIV

Regina Qu'Appelle Health Region Street Project

2110 Hamilton Street

PH #: (306) 766-7799/fax (306) 766-7796

Began in 1990 as a pilot project with nurses providing outreach condom distribution on foot. The needle exchange services and van were incorporate in 1992.

Services available include:

Street Outreach

- ☛ Outreach needle exchange services provided through “green” mobile van, Carmichael Outreach and the STI Clinic.
- ☛ Individual Education and Counselling
- ☛ Safe injection technique
- ☛ HIV and Hepatitis, disease prevention
- ☛ New needles exchanged for used ones
- ☛ Sharps containers
- ☛ Alcohol Swabs, Condoms, Lubricant
- ☛ Bleach Kits
- ☛ HIV and Hepatitis Testing
- ☛ High Risk Hepatitis A and B Immunization
- ☛ First Aid and Vein Care
- ☛ STD Testing
- ☛ Counseling

Prince Albert

Prince Albert - Outreach Services

101 15th street east

Box 3003 - 800 Central Avenue, Prince Albert, SK. S6V 6G1

PH #: (306) 765-6540/fax (306) 765-6544

Services available include:

- ☛ Needle distribution & collection
- ☛ Sharps containers' distribution & collection
- ☛ Alcohol swab distribution
- ☛ Anonymous testing (using a number only)
- ☛ Sexually Transmitted Infection testing
- ☛ Hepatitis A & B immunization to people infected with Hepatitis C
- ☛ Counseling/support for people living with HIV and/or Hepatitis C and their families
- ☛ Referrals to family physicians, addiction programs, specialists, and various agencies

LaRonge

LaRonge Public Health – Mamawetan Churchill River Health Authority

Box 6000

LaRonge, SK S0J 1L0

PH# (306) 425-4800/fax (306) 425-5513

Monday-Friday 8:00a.m.-5:00p.m. (closed over noon)

The initial visit must be with the Public Health Nurse in order to register and discuss the program. **Services available include:**

- ☛ Needle distribution & collection
- ☛ Sharps containers' distribution and collected
- ☛ Alcohol swab distribution
- ☛ Condom distribution
- ☛ Counseling
- ☛ Immunizations offered to individuals at high risk or infected with Hepatitis C
- ☛ Referrals to local physicians, addictions and recovery services, and social workers

Ile a la Crosse

Ile a la Crosse Public Health - Keewatin Yatthe Regional Health Authority

Box 340

Ile a la cross, SK S0M 1C0

Toll free: 1-866-848-8299/fax (306) 833-2774

Monday - Friday 8:00a.m. - 5:00p.m. Closed for lunch

A new client must visit the public health nurse to register using a code name and go over the program. After this initial visit they can use the pharmacy as a secondary site for needle exchange. **Services available include:**

- ☛ Counseling
- ☛ Needle exchange, Alcohol Swabs, Condom distribution,
- ☛ Referrals to local physicians for testing, immunizations
- ☛ Education

La Loche

La Loche Public Health - Keewatin Yatthe Regional Health Authority

Bag #1

La Loche, SK S0M 1G0

Toll free: 1-888-688-7087/fax (306) 822-2274

Monday - Friday 8:00a.m. - 5:00 p.m. (closed over noon)

The initial visit must be with the Public Health Nurse, after which they can also go to the Youth Wellness Worker or the local pharmacy for needle exchange. Services available include:

- ☛ Counseling
- ☛ Needle exchange
- ☛ Alcohol swab distribution

- ☛ Condom distribution
- ☛ Referrals
- ☛ Testing (In conjunction with Primary Care Nurse)

Saskatoon

Health Works Monday - Friday 7:00 - 11:30 p.m.

101-310 Idylwyld Drive, North, Saskatoon SK. S7L 0Z2

PH #: (306) 655-4642 office/221-2442 cell/ /fax (306) 655-4723

Services provided include:

- ☛ Immunization to prevent Hepatitis A and B, influenza, pneumonia and tetanus
- ☛ Anonymous/non-nominal HIV testing (pre-test counseling testing, diagnosis, referral)
- ☛ Blood screening for Hepatitis A, B and C and syphilis (pre-test counseling and referral)
- ☛ Referrals of help to community and government services
- ☛ Testing, treatment and contact tracing of partners
- ☛ 11 drop box containers within city limits
- ☛ Safe disposal of used needles and condom education and distribution

“People do not look at who I am today but at my behaviour in the past.” – A women on her healing journey.

Sexual Health Clinics in Saskatchewan

Saskatoon

Sexual Health Program

100 - 310 Idylwyld Drive North

Saskatoon, SK. S7L 0Z2

PH # (306) 655-4642

Monday, Tuesday, Thursday & Friday 1:00 - 4:00p.m. drop in basis.

Services provided:

- ☛ Testing for HIV, Sexually transmitted infections, Hepatitis A, B & C, syphilis
- ☛ Treatment for sexually transmitted infections (STIs)
- ☛ Immunization for Hepatitis A & B, tetanus and diphtheria
- ☛ Free condoms
- ☛ Pregnancy tests and birth control information
- ☛ Health information
- ☛ Referrals to community services

Contact Tracing & Notification

- ☛ Ensures timely and appropriate treatment of all individuals with sexually transmitted infections
- ☛ Locates, notifies, and follow-up partners exposed to STIs and HIV and offers testing, education and treatment or referrals
- ☛ Provides consultation to family, physicians and other health professionals regarding testing and treatment of STIs.
- ☛ Distributes medications, at no cost, for treatment of chlamydia and gonorrhoea for physicians within Saskatoon Health Region

Education

- ☛ Develop resources, support and deliver sexual health education in elementary and high schools for grades 5 - 12.
- ☛ Offer education to youth or those who work with youth aged 15 - 24 years.
- ☛ Provide in-service education to professionals.

Public Awareness

- ☛ Participate in writing articles for publications.
- ☛ Prepare bulletin board displays
- ☛ Appear in television interviews.

*Addiction is a learned
behaviour that can be
changed if we want it
bad enough.
- Anonymous.*

Battlefords

Sexual Health Clinic

Room 104 - 1192 - 101st Street

North Battleford, SK.

PH # (306) 937-6846

Fax (306) 937-6850

Tuesday and Wednesday 1:00 - 4:30 p.m.; Thursdays 9:30 a.m. - 4:30 p.m. (closed 12:00-1:00)

We do not subscribe to call display

Services available include:

We promote sexual health in all aspects of one-self. The four components include physical, mental, emotional and spiritual. We provide non-judgmental, up to date information to assist you in making informed choices about your sexual health. We focus on health promotion, education and disease prevention.

What we do

- ☛ Provide information, testing, counseling and treatment as appropriate for:
 - ☞ Sexually transmitted infections (STIs): these include chlamydia, gonorrhea, syphilis, Hepatitis B and C, HIV, herpes, genital warts...
- ☛ Condom Distribution
 - ☞ Education and counselling
- ☛ Pregnancy/Birth Control
 - ☞ Testing, education and option counselling
- ☛ Referrals
 - ☞ To appropriate community agencies
- ☛ Education/Counseling
 - ☞ For teenagers, schools, parents, community workers, agencies and professionals
- ☛ Immunizations as needed
 - ☞ Hepatitis A and Hepatitis B immunization
 - ☞ Tetanus/diphtheria

Prince Albert

Sexual Health Clinic

101 15th street east

Box 3003 - 800 Central Avenue, Prince Albert, SK. S6V 6G1

PH # (306) 765-6540

Clinical Services

Anonymous HIV testing (testing is done using a number only; your name is not required on the blood sample or the forms).

Referrals to family physicians, addictions program specialists and various agencies.

Testing and treatment of:

☛ Chlamydia, Gonorrhoea, Trichomoniasis, Syphilis, Genital Warts, Genital Herpes, Hepatitis B & C

☛ Outreach Services

Educational workshops on:

☛ STIs, HIV/AIDS, Personal perspectives on HIV/AIDS.

☛ Condoms

☛ Counseling for HIV infected individuals, family members and significant others.

☛ Needle exchange programs

☛ Referrals to human service agencies

☛ Outreach test clinics at Sandy Lake & Beardy's Health Center

☛ Counseling, support & information on Hepatitis C

“People need to be accepted without conditions.” – A frontline worker

Regina

Sexual Health Clinic

Main Floor

2110 Hamilton Street

Regina, SK. S4P 2E3

PH # (306) 766-7788/fax (306) 766-7787

Your sexual health is important for you and your partner.

Programs Provided:

Health Information In

☛ STI's/HIV

☛ Safer Sex

☛ Safer Needle Use

☛ Condoms

Testing

☛ Sexually Transmitted infections

☛ HIV

☂ Hepatitis

Treatment

☂ Free Medication

☂ Prescriptions

Referral Services

☂ Hepatitis B

☂ Immunization

☂ Street Project

☂ Community Specialists

☂ Other agencies

DETOX CENTRES IN SASKATCHEWAN

Angus Campbell Centre

Box 118

Moose Jaw, SK S6H 4N7

PH# (306) 693-5977

Fax (306) 693-0908

Prince Albert

334 - 19th Street East

Prince Albert SK S6V 1J7

PH# (306) 953-8250

Fax (306) 953-8261

La Ronge Health Centre Detox

Box 6000

La Ronge, SK S0J 1L0

PH# (306) 425-4846

Fax (306) 425-8514

Regina Detox Centre

2839 Victoria Avenue

Regina, SK S4T 1K6

PH# (306) 522-5662, (306) 522-8367

Fax (306) 525-8366

Larson Intervention House

201 Avenue O South

Walker A. "slim" Thorpe Recover Centre

4204 - 54th Avenue Homes - Detox Centre

Saskatoon, SK S7M 2R6
PH # (306) 655-4195
Fax (306) 655-4196

Lloydminster, Alberta T9V 2R6
PH # (780) 875-8890
Fax (780) 875-2161

LONG TERM RESIDENTIAL TREATMENT SERVICES

Calder Centre

2003 Arlington Avenue
Saskatoon SK, S7J 2H6
PH # (306) 655-4500
Fax (306) 655-4545

Hopeview Recovery Home

1891 - 96th Street
North Battleford SK S9A 0J1
PH # (306) 446-7370
Fax (306) 445-0424

Pine Lodge

Box 457
Indian Head SK, S0G 2K0
PH# (306) 695-2251
Fax (306) 695-2514

NNADAP Treatment Centres - Saskatchewan Region

Athabasca Alcohol & Drug Project
Box 162
Black Lake, SK S0J 0H0

Outpatient
Youth

PH# (306) 284-2124
Fax (306) 284-2036

Cree Nation Treatment Haven
Box 340
Canwood, SK S0J 0K0

22 Inpatient

PH # (306) 468-2072
Fax (306) 468-2758

Armand Bekkattla Treatment center
Box 5010
Clearwater, SK S0M 3H0

17 Inpatient

PH # (306) 822-2033
Fax (306) 822-2750

Ekweskeet Healing Lodge
Box 280
Onion Lake, SK S0M 2E0

7 Inpatient

PH # (306) 344-2094
Fax (306) 334-4805

Mistahey Musqua Treatment Centre 5 Inpatient PH # (306) 837-2184
Box 404 Fax (306) 837-4414
Loon Lake, SK S0M 1V0

Sakwatamo Lodge 20 Inpatient PH # (306) 864-3631
Box 3917 Fax (306) 864-2204
Melfort, SK S0E 1A0

Saulteaux Healing and Wellness Outpatient PH # (306) 542-4110
Box 868 Youth Fax (306) 542-3241
Kamsack, SK S0A 1S0

National Solvent Treatment Programs

White Buffalo Youth Inhalant Trt. Centre PH # (306) 764-5250
Box 2500 Fax (306) 764-5255
Prince Albert, SK S6V 7G2

Métis Addiction Council of Saskatchewan Incorporated **(MACSI)**

Regina
329 College Ave
Regina, SK S4N 0V9
PH# (306) 352-9601
Fax (306) 347-7902

Prince Albert
334-19th Street East
Prince Albert SK, S6V 1J7
PH # (306) 953-8250
Fax (306) 953-8261

Saskatoon
335 Avenue G South
Saskatoon SK S7M 1V2
PH # (306) 652-8951
Fax (306) 665- 0703

Question: “When I sobered up I was asked, ‘who are you’?”

Answer: “I didn’t know who I was.”
– *Person in recovery*

Best Web sites

All Nations Hope AIDS Network..... www.allnationshope.ca

Provides a listing of ANH programs and services as well as links to other websites. Includes contact information for all staff

Canadian Aboriginal AIDS Network..... www.caan.ca

A national coalition of Aboriginal people and organizations that provides leadership, support and advocacy for Aboriginal people living with and affected by HIV/AIDS. Fact sheets as well as links to Aboriginal AIDS organizations throughout Canada are available.

Canadian HIV/AIDS Legal Network..... www.aidslaw.ca

Hundreds of articles on prisons, testing and confidentiality, drug laws and policy, criminal law, discrimination, children and AIDS, HIV testing and pregnancy.

Chee Mamuk..... www.bccdc.org

*Click on Health topics, then Aboriginal Programs, Chee Mamuk

Community AIDS Treatment Information Exchange..... www.catie.ca

Provides current information on treatment options available to people living with HIV and AIDS, including drugs, medical treatments and complementary therapies.

The Canadian HIV/AIDS Information Centre..... www.aidssida.cpha.ca

- Canada's largest distributor of HIV and AIDS related resources. They provide printed material on prevention, care and support at minimal cost.
- Public Health Agency of Canada.....**www.phac-aspc.gc.ca
An updated source for Canadian statistics and epidemiology.
- The Hepatitis Information Centre.....**www.hepatitis-central.com
Featuring the latest news on Hepatitis infection, diagnosis, treatment and symptoms
- Motherisk.....**www.motherisk.org
The site provides information regarding women and pregnancy. The site contains how to access information and care as well as a national network of healthcare professionals and community groups.
- Canadian Federation of Sexual Health.....** www.ppfc.ca
The site provides information and resources on sexual health issues women and youth.
- Nechi.....**www.nechi.com
An Aboriginal movement committed to holistic healing.
- Healing Our Spirit.....**www.healingourspirit.org
Provides care and support services to Aboriginal peoples infected and affected by HIV/AIDS.
- 2 Spirited People of the First Nation.....** www.2spirits.com
TPFN's programs and services include HIV/AIDS education, harm reduction education, health promotion, support and counselling for Two Spirited people and other aboriginal persons living with and affected by HIV/AIDS